

2026 MCAA Conference Meet

May 15, 2026 - International School of MN, Eden Prairie

Mens Varsity

1.	ERA/ISM/CA	162
2.	Spectrum	116.5
3.	Parnassus Preparatory School	102
4.	West Lutheran	90.5
5.	Math & Science Academy	72
6.	Liberty Classical Academy	68
7.	Mayer Lutheran	51
8.	Christs Household Of Faith	20
9.	NLA/LILA	19

Womens Varsity

1.	Spectrum	165
2.	Mayer Lutheran	124.5
3.	ERA/ISM/CA	109.5
4.	West Lutheran	83
5.	NLA/LILA	81
6.	Math & Science Academy	61
7.	Parnassus Preparatory School	57
8.	Christs Household Of Faith	9
9.	Liberty Classical Academy	4

Boys Varsity 100 Meters

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Athlete Yr Team Mark H#

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- 1 Richard Saah 10 Parnassus Preparatory School 11.47a
- 2 Gabriel Shimanski 10 Mayer Lutheran 11.60a
- 3 Michael Witkowski 12 Eagle Ridge Academy 11.81a
- 4 Greg Hovey 12 Eagle Ridge Academy 11.90a
- 5 Aaron Daniels 12 Spectrum 11.99a
- 6 Shuangcheng Li 11 Eagle Ridge Academy 12.02a
- 7 Will Smith 12 Liberty Classical Academy 12.10a
- 8 Caleb Sackitey 12 Math & Science Academy 12.14a
- 9 Michael Penning 11 West Lutheran 12.15a
- 10 Jean-Charles Sawaya 12 Math & Science Academy 12.25a
- 11 Noah Jansen 12 Liberty Classical Academy 12.29a
- 12 Wyatt Sunde 11 Mayer Lutheran 12.36a
- 13 Jonathan Campbell 9 Parnassus Preparatory School 12.43a
- 14 Ben Schaefer 12 West Lutheran 12.44a
- 15 Cooper Eveslage 12 Mayer Lutheran 12.65a
- 16 Jarren Mitchell 10 Spectrum 12.76a
- 17 Ben Burns 10 Spectrum 12.82a
- 18 Jacob Loose 10 NLA/LILA 12.82a
- 19 Ethan Richter 12 Liberty Classical Academy 12.93a
- 20 Evan Williams 10 NLA/LILA 13.01a
- 21 Henry Daniels 11 Parnassus Preparatory School 13.15a
- 22 Blayne Pludeman 10 NLA/LILA 13.29a
- 23 Killian Okerstrom 9 Christs Household Of Faith 13.61a
- 24 Jackson Gregovich 12 West Lutheran 14.06a
- 25 Sorin Okerstrom 7 Christs Household Of Faith 15.00a
- 26 Lucian Scheeler 7 Christs Household Of Faith 15.20a
- Obed Bruce 12 Math & Science Academy DNS

Girls Varsity 100 Meters

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Athlete Yr Team Mark H#

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1 Alaina Burney 12 Spectrum 13.12a
2 Frantzise Shearer 12 Eagle Ridge Academy 13.28a
3 Willow Stender 9 Mayer Lutheran 13.39a
4 Francline Shearer 12 Eagle Ridge Academy 13.51a
5 Ava Weaver 10 NLA/LILA 13.54a
6 Niyah Kreuter 11 West Lutheran 13.55a
7 Akira Davila 9 Parnassus Preparatory School 13.57a
8 Urszula Misiak 9 Eagle Ridge Academy 13.66a
9 Brynn Nelson 8 Spectrum 13.66a
10 Lela Burdick 12 Spectrum 13.74a
11 Preslie Hunter 9 Mayer Lutheran 13.84a
12 Janet Kortee 8 Parnassus Preparatory School 13.96a
13 Olivia Corey 12 Mayer Lutheran 13.96a
14 Addi Glenn 12 West Lutheran 14.06a
15 Hayden Gustason 10 Christs Household Of Faith 14.27a
16 Evy Quist 9 West Lutheran 14.32a
17 Zoe Alter Capell 10 Math & Science Academy 14.34a
18 Jazmin Garske 12 NLA/LILA 14.46a
19 Nulah Forkpah 7 Parnassus Preparatory School 14.49a
20 Adalyn Jensen 10 NLA/LILA 14.62a
21 Isabella Najarian 12 Liberty Classical Academy 14.70a
22 Adelaide Johnston 7 Christs Household Of Faith 14.75a
23 Lily Dobrotka 12 Liberty Classical Academy 14.77a
24 Marin Willard 10 Math & Science Academy 15.46a
25 Cecilia Reiners 10 Christs Household Of Faith 15.59a
26 Elizabeth Parnell 12 Liberty Classical Academy 15.74a
-- Gloria Voumadi 12 Math & Science Academy DNS

Boys Varsity 200 Meters

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Athlete Yr Team Mark H#

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1 Richard Saah 10 Parnassus Preparatory School 22.60a
2 Gabriel Shimanski 10 Mayer Lutheran 22.97a
3 Liam Liston 11 Eagle Ridge Academy 23.42a
4 Sawyer Okerstrom 12 Christs Household Of Faith 23.66a
5 Ryan Guntzel 12 Spectrum 23.67a
6 Michael Penning 11 West Lutheran 23.88a
7 Levi Sutkowski 11 Liberty Classical Academy 24.23a
8 Skyler Bredenberg 10 Parnassus Preparatory School 24.37a
9 Pryor Deusterman 11 Spectrum 24.50a
10 George Yassa 11 Math & Science Academy 24.62a
11 Aden Frischholz 12 Spectrum 24.79a
12 Birkir Gudmundson 12 Eagle Ridge Academy 24.89a
13 Wyatt Sunde 11 Mayer Lutheran 24.94a
14 Jackson Dowd 10 NLA/LILA 25.47a

15 Noah Hahm 9 West Lutheran 25.48a
16 John Lander 12 Parnassus Preparatory School 25.61a
17 Gabriel Ramirez 12 Eagle Ridge Academy 25.68a
18 Lucas Heu 11 Liberty Classical Academy 25.75a
19 Evan Williams 10 NLA/LILA 25.99a
20 Sundar Raghuvamsh-Singire 12 Math & Science Academy 26.81a
21 Noah Sutkowski 9 Liberty Classical Academy 27.03a
22 Blayne Pludeman 10 NLA/LILA 27.45a
23 Killian Okerstrom 9 Christs Household Of Faith 28.28a
24 Marvin James Root 9 Mayer Lutheran 28.57a
-- Obed Bruce 12 Math & Science Academy DNS

Girls Varsity 200 Meters

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Athlete Yr Team Mark H#

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1 Mckaylen Lewis 11 Math & Science Academy 24.97a
2 Frantzise Shearer 12 Eagle Ridge Academy 27.22a
3 Willow Stender 9 Mayer Lutheran 27.40a
4 Brynn Nelson 8 Spectrum 28.12a
5 Olivia Gilbertson 11 Eagle Ridge Academy 28.19a
6 Akira Davila 9 Parnassus Preparatory School 28.24a
7 Hawa Kabba 9 Parnassus Preparatory School 28.40a
8 Amanda Kehoe 11 NLA/LILA 28.77a
9 Francline Shearer 12 Eagle Ridge Academy 28.86a
10 Niyah Kreuter 11 West Lutheran 29.24a
11 Janet Kortee 8 Parnassus Preparatory School 29.68a
12 Emma Messer 11 Spectrum 29.89a
13 Hayden Gustason 10 Christs Household Of Faith 30.49a
14 Adelaide Johnston 7 Christs Household Of Faith 31.05a
15 Isabella Najarian 12 Liberty Classical Academy 31.21a
16 Jazmin Garske 12 NLA/LILA 31.29a
17 Annetti Gemedo 10 West Lutheran 31.85a
18 Julia Pfingsten 9 NLA/LILA 32.32a
19 Skye Brands 12 West Lutheran 32.95a
20 Mya O'Sullivan 12 Liberty Classical Academy 33.01a
21 Elizabeth Parnell 12 Liberty Classical Academy 33.16a
22 Vienna Croyle 9 Mayer Lutheran 33.66a
-- Gloria Voumadi 12 Math & Science Academy DNS
-- Sayla Dittbenner 10 Spectrum DNS

Boys Varsity 400 Meters

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Athlete Yr Team Mark H#

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1 Gabriel Shimanski 10 Mayer Lutheran 51.70a
2 John Fischer 12 Spectrum 52.23a
3 Sawyer Okerstrom 12 Christs Household Of Faith 53.55a
4 Levi Sutkowski 11 Liberty Classical Academy 53.98a

5 Joseph Ganzer 10 Eagle Ridge Academy 54.72a
6 Brennen Bawek 12 Eagle Ridge Academy 55.61a
7 Arun Supramaniam 11 Eagle Ridge Academy 56.63a
8 Skyler Bredenberg 10 Parnassus Preparatory School 57.84a
9 Jackson Dowd 10 NLA/LILA 58.20a
10 Gabriel Phelps-Johnson 10 NLA/LILA 58.49a
11 Sundar Raghuvamsh-Singire 12 Math & Science Academy 58.72a
12 Will Jansen 10 Liberty Classical Academy 58.96a
13 Arnav Adikari 12 Math & Science Academy 59.04a
14 Ben Radintz 12 West Lutheran 59.34a
15 Adriell Jauregui 11 Spectrum 59.54a
16 Henry Jauhiainen 11 West Lutheran 59.57a
17 Noah Sutkowski 9 Liberty Classical Academy 59.63a
18 Nathaniel Soden 11 Spectrum 59.75a
19 Dexter Jacox 12 Christs Household Of Faith 1:00.08a
20 Jennings Huth 11 West Lutheran 1:00.09a
21 Cullen Goshaw 10 Parnassus Preparatory School 1:01.83a
22 Jonathan Campbell 9 Parnassus Preparatory School 1:03.24a
23 Landon Hoeft 9 Mayer Lutheran 1:04.17a
24 Marvin James Root 9 Mayer Lutheran 1:04.63a
-- Lincoln Williams 10 NLA/LILA DNS
-- Nathan Irlapati 10 Math & Science Academy DNS

Girls Varsity 400 Meters

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Athlete Yr Team Mark H#

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1 Maggie Novotny 12 Spectrum 1:02.63a
2 Olivia Gilbertson 11 Eagle Ridge Academy 1:02.91a
3 Lily Beck 9 Spectrum 1:06.25a
4 Amanda Kehoe 11 NLA/LILA 1:06.77a
5 Annetti Gemedo 10 West Lutheran 1:08.33a
6 Emmy Bohnsack 7 NLA/LILA 1:08.62a
7 Alyvia Kochendorfer 8 Parnassus Preparatory School 1:08.68a
8 Lauren Erdman 8 Mayer Lutheran 1:09.75a
9 Adalyn Jensen 10 NLA/LILA 1:10.17a
10 Aniyah Edwards 10 Parnassus Preparatory School 1:11.48a
11 Kaia Wilson 8 Parnassus Preparatory School 1:11.56a
12 Addie Zahn 11 West Lutheran 1:11.68a
13 Vienna Croyle 9 Mayer Lutheran 1:15.70a
14 Annika Zahn 9 West Lutheran 1:15.85a
15 Brooke Chinander 10 Mayer Lutheran 1:26.37a
-- Celina Ries 10 Math & Science Academy DNS

Boys Varsity 800 Meters

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Athlete Yr Team Mark H#

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1 Ian Dugas 12 Math & Science Academy 2:03.83a

2 Dominick Larson 11 West Lutheran 2:04.42a
 3 Cruz Triana 11 Liberty Classical Academy 2:05.19a
 4 Josiah Olson 11 West Lutheran 2:06.86a
 5 Ben Wurst 12 Liberty Classical Academy 2:07.63a
 6 David Hao 11 Math & Science Academy 2:07.96a
 7 Gabriel Hirano 9 Eagle Ridge Academy 2:13.22a
 8 Bryce Harms 11 Christs Household Of Faith 2:13.52a
 9 Micah Doran 9 Eagle Ridge Academy 2:15.12a
 10 Parker Anderson 11 Parnassus Preparatory School 2:17.16a
 11 Alex Hittle 11 Mayer Lutheran 2:20.10a
 12 Josh Carpenter 11 Parnassus Preparatory School 2:20.63a
 13 Alex Guntzel 12 Spectrum 2:24.31a
 14 Ben Carpenter 9 Parnassus Preparatory School 2:27.75a
 15 Maddox Schmitt 8 Math & Science Academy 2:29.89a
 16 Chris Caspa 12 Liberty Classical Academy 2:29.91a
 17 Weston Fiscus 9 Christs Household Of Faith 2:30.72a
 18 Alfonso Erickson 10 West Lutheran 2:32.40a
 19 Parker Anacker 8 Spectrum 2:33.21a
 20 Sawyer Brandel 10 NLA/LILA 2:37.89a
 21 Jack Beaudin 10 NLA/LILA 2:39.49a
 22 Jameson Bergstrom 10 NLA/LILA 2:45.13a
 23 Paxton Carlson 10 Christs Household Of Faith 2:46.25a
 -- Nikhil Hurkadli 12 Eagle Ridge Academy DNS

Girls Varsity 800 Meters

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Athlete Yr Team Mark H#

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1 Hope Beck 12 Spectrum 2:21.15a
 2 Trinity Zimmermann 11 West Lutheran 2:33.44a
 3 Mackenzie Effertz 9 West Lutheran 2:34.33a
 4 Arden Warneke 9 Christs Household Of Faith 2:41.40a
 5 Cora Derksen 10 NLA/LILA 2:42.95a
 6 Katherine Gregar 11 Math & Science Academy 2:46.70a
 7 Greta Reich 10 Eagle Ridge Academy 2:48.46a
 8 Megan Stapf 11 Eagle Ridge Academy 2:52.89a
 9 Hannah Bolognino 9 Parnassus Preparatory School 2:52.91a
 10 Willow Omberg 8 Parnassus Preparatory School 2:54.04a
 11 Ava Warneke 7 Christs Household Of Faith 2:54.12a
 12 Julia Pfingsten 9 NLA/LILA 2:54.25a
 13 Eliza Oglesby 7 Eagle Ridge Academy 2:54.95a
 14 Annabelle Bredeson 9 West Lutheran 2:55.47a
 15 Kora Jensen 7 NLA/LILA 2:56.26a
 16 Cecilia Reiners 10 Christs Household Of Faith 2:59.97a
 17 Winifred Omberg 11 Parnassus Preparatory School 3:01.28a
 18 Ilyene Klohs 10 Mayer Lutheran 3:04.44a
 19 Sylvia Brodd 12 Math & Science Academy 3:05.50a
 20 Brooke Chinander 10 Mayer Lutheran 3:16.02a
 21 Jordan Erdman 12 Mayer Lutheran 4:03.08a

Boys Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Kaleb Jones 11 Spectrum 4:32.53a
- 2 Liam Caldwell 12 Math & Science Academy 4:38.85a
- 3 Dominick Larson 11 West Lutheran 4:43.72a
- 4 Josiah Olson 11 West Lutheran 4:47.22a
- 5 Tristan Lampe 11 Eagle Ridge Academy 4:48.21a
- 6 Erik Larsen 10 Parnassus Preparatory School 5:02.71a
- 7 Samuel Spinti 9 Eagle Ridge Academy 5:04.82a
- 8 Jax Triana 9 Liberty Classical Academy 5:05.55a
- 9 Nathan Binkley 9 Spectrum 5:06.79a
- 10 Alex Hittle 11 Mayer Lutheran 5:11.29a
- 11 Sawyer Crookes 10 Parnassus Preparatory School 5:11.31a
- 12 Connor Shuman 10 Parnassus Preparatory School 5:15.33a
- 13 Miles Dobbeltmann 11 Eagle Ridge Academy 5:16.54a
- 14 Lincoln Meiers 10 Math & Science Academy 5:26.80a
- 15 Alfonso Erickson 10 West Lutheran 5:27.47a
- 16 Clayton Hofteig 9 Spectrum 5:35.75a
- 17 Hank Stratton 10 Math & Science Academy 5:49.12a
- 18 Nolan Doll 7 NLA/LILA 5:49.13a
- 19 Jonah Wurst 11 Liberty Classical Academy 5:53.07a
- 20 Jack Beaudin 10 NLA/LILA 6:09.05a
- 21 Paxton Carlson 10 Christs Household Of Faith 6:23.13a
- 22 Hudson Isakson 11 Christs Household Of Faith 6:39.54a

Girls Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Hannah Boese 12 Spectrum 5:04.28a
- 2 Trinity Zimmermann 11 West Lutheran 5:33.50a
- 3 Lauren Stemper 12 NLA/LILA 5:40.07a
- 4 Chelsea Dahlen 8 Eagle Ridge Academy 5:51.79a
- 5 Arden Warneke 9 Christs Household Of Faith 5:52.61a
- 6 Ana Omberg 8 Parnassus Preparatory School 6:02.08a
- 7 Arleigh Krzmarzick 7 Eagle Ridge Academy 6:07.14a
- 8 Cora Derksen 10 NLA/LILA 6:11.12a
- 9 Ruby Gilbertson 10 Eagle Ridge Academy 6:12.52a
- 10 Annabelle Bredeson 9 West Lutheran 6:18.67a
- 11 Anja Larsen 12 Parnassus Preparatory School 6:19.05a
- 12 Willow Omberg 8 Parnassus Preparatory School 6:19.14a
- 13 Elliana Johnson 8 NLA/LILA 6:38.11a
- 14 Kylie Jopp 10 Mayer Lutheran 6:39.22a
- 15 Ava Warneke 7 Christs Household Of Faith 6:46.34a
- 16 Sadie Rinowski 10 Spectrum 6:52.44a
- 17 Natalia Jones 9 Spectrum 7:11.81a

18 Ellie Bernau 12 Mayer Lutheran 7:41.10a
19 Olivia Glocke 12 West Lutheran 7:51.13a
20 Ellory Berniard 11 Math & Science Academy 8:38.23a

Boys Varsity 3200 Meters

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Athlete Yr Team Mark H#

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1 Max Gruenhagen 9 West Lutheran 10:16.30a
2 Kaleb Jones 11 Spectrum 10:17.02a
3 Chase Sonderup 12 Parnassus Preparatory School 10:33.09a
4 Samuel Spinti 9 Eagle Ridge Academy 10:35.98a
5 Tristan Lampe 11 Eagle Ridge Academy 10:38.70a
6 Connor Shuman 10 Parnassus Preparatory School 11:40.69a
7 Daniel Hart 9 Parnassus Preparatory School 12:00.75a
8 Gavin Usselman 9 Math & Science Academy 12:07.01a
9 Zeke Borcharding 10 West Lutheran 12:15.29a
10 Nels Zenner 11 Liberty Classical Academy 12:47.29a
11 Josiah Bernau 7 Mayer Lutheran 13:18.99a
12 Will Van Schyndel 9 Math & Science Academy 13:29.81a
13 Colton Johnson 8 NLA/LILA 13:44.91a
14 Anton Greene 9 Math & Science Academy 13:45.48a
15 Hudson Isakson 11 Christs Household Of Faith 14:26.09a
-- Miles Dobbeltmann 11 Eagle Ridge Academy DNS

Girls Varsity 3200 Meters

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Athlete Yr Team Mark H#

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1 Hannah Boese 12 Spectrum 11:35.65a
2 Chelsea Dahlen 8 Eagle Ridge Academy 13:18.65a
3 Emma Bernau 9 Mayer Lutheran 13:22.45a
4 Sakshi Singh 9 Math & Science Academy 13:22.58a
5 Camille Zeitler 10 West Lutheran 13:40.05a
6 Lacey Dobbeltmann 12 Eagle Ridge Academy 14:39.84a
7 Nadia Santiago-Santos 9 Parnassus Preparatory School 15:10.09a
8 Lily Kuehn 12 Parnassus Preparatory School 15:27.88a
9 Faith Shuman 7 Parnassus Preparatory School 15:38.13a
-- Lauren Stemper 12 NLA/LILA DNS
-- Ruby Gilbertson 10 Eagle Ridge Academy DNS
-- Ellory Berniard 11 Math & Science Academy DNS

Girls Varsity 100m Hurdles

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Athlete Yr Team Mark H#

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1 Lydia Frette 10 Spectrum 16.71a
2 Nora Arps 11 West Lutheran 18.26a
3 Ava Weaver 10 NLA/LILA 18.60a

4 Catherine Molitor 8 NLA/LILA 18.90a
 5 Braylin Stahlke 11 Mayer Lutheran 19.15a
 6 Addy Dixon 12 Liberty Classical Academy 20.27a
 7 Samira Getaweh 10 Parnassus Preparatory School 20.44a
 8 Michaela Sieh 7 Parnassus Preparatory School 20.73a
 9 Olivia Clark 9 Mayer Lutheran 20.99a
 10 Ellie Vlaminc 10 Mayer Lutheran 21.09a
 11 Jubilee Cephus 8 Parnassus Preparatory School 21.12a
 12 Olivia Burney 8 Spectrum 21.16a
 13 Calina James 9 Eagle Ridge Academy 21.31a
 14 Vivian Magler 7 NLA/LILA 21.81a
 15 Priscilla Misiak 9 Eagle Ridge Academy 22.01a
 16 Rachel Hanson 10 Spectrum 22.14a

Boys Varsity 110m Hurdles

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Athlete Yr Team Mark H#

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1 Josiah Lawson 12 Math & Science Academy 17.49a
 2 Devin Goshaw 12 Parnassus Preparatory School 17.61a
 3 Leonardo Gullekson 11 Eagle Ridge Academy 19.36a
 4 Xavier Khouth 11 West Lutheran 19.94a
 5 Carter Stripling 10 West Lutheran 20.16a
 6 Evan Morrison 12 NLA/LILA 20.21a
 7 Fredrick Goe 10 Parnassus Preparatory School 21.04a
 8 Benji Blake 9 Math & Science Academy 21.06a
 9 Henry Gauger 8 Liberty Classical Academy 21.15a
 10 Lucas Heu 11 Liberty Classical Academy 21.97a
 11 Jonas May 12 Mayer Lutheran 22.34a
 12 Mason Olson 10 NLA/LILA 22.82a
 13 Lennox Dixon 8 Spectrum 22.84a
 14 Evan Berg 10 Liberty Classical Academy 23.16a
 15 Easton Pierce 8 Spectrum 23.17a
 -- Ebasa Raare 10 Parnassus Preparatory School DNS

Boys Varsity 300m Hurdles

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Athlete Yr Team Mark H#

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1 Kevin Bruski 10 Eagle Ridge Academy 43.06a
 2 Birkir Gudmundson 12 Eagle Ridge Academy 44.37a
 3 Josiah Lawson 12 Math & Science Academy 45.39a
 4 Evan Morrison 12 NLA/LILA 45.61a
 5 Devin Goshaw 12 Parnassus Preparatory School 46.62a
 6 Carter Stripling 10 West Lutheran 46.69a
 7 Xavier Khouth 11 West Lutheran 46.91a
 8 Leonardo Gullekson 11 Eagle Ridge Academy 47.20a
 9 Fredrick Goe 10 Parnassus Preparatory School 48.63a
 10 Henry Gauger 8 Liberty Classical Academy 50.12a

11 Benji Blake 9 Math & Science Academy 51.98a
12 Carter Carlson 9 Christs Household Of Faith 53.61a
13 Vishal Bhola 11 Math & Science Academy 54.07a
14 Evan Berg 10 Liberty Classical Academy 55.57a
15 Jonas May 12 Mayer Lutheran 55.59a
16 Lennox Dixon 8 Spectrum 56.17a
17 Mason Hoernemann 10 Mayer Lutheran 56.35a
18 Easton Pierce 8 Spectrum 56.69a
19 Josiah Caneday 9 Liberty Classical Academy 57.63a
20 Harrison Kantor 9 West Lutheran 58.18a
-- Ebasa Raare 10 Parnassus Preparatory School DNS

Girls Varsity 300m Hurdles

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Athlete Yr Team Mark H#

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1 Lydia Frette 10 Spectrum 49.88a
2 Nora Arps 11 West Lutheran 51.62a
3 Maria Dorland 11 Eagle Ridge Academy 52.56a
4 Ellie Vlaminc 10 Mayer Lutheran 53.98a
5 Ava Weaver 10 NLA/LILA 54.60a
6 Daniella Orton 10 Spectrum 56.07a
7 Anika Vollmer 11 Mayer Lutheran 56.90a
8 Catherine Molitor 8 NLA/LILA 57.20a
9 Nara Botchway 11 Math & Science Academy 1:00.06a
10 Elisabeth Chekouo 9 Math & Science Academy 1:00.78a
11 Emmy Bohnsack 7 NLA/LILA 1:00.87a
12 Jubilee Cephus 8 Parnassus Preparatory School 1:01.38a
13 Samira Getaweh 10 Parnassus Preparatory School 1:01.49a
14 Melania Larson 10 Spectrum 1:01.52a
15 Olivia Clark 9 Mayer Lutheran 1:03.06a
16 Addy Dixon 12 Liberty Classical Academy 1:03.75a
17 Eloise Dixon 8 Liberty Classical Academy 1:03.79a
18 Michaela Sieh 7 Parnassus Preparatory School 1:05.67a

Boys Varsity 4x100 Relay

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Team Time H#

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1 Eagle Ridge Academy 44.02a
1) A
2 Spectrum 44.68a
1) A
3 Math & Science Academy 46.24a
1) A
4 Liberty Classical Academy 46.37a
1) A
5 West Lutheran 46.68a
1) A

6 NLA/LILA 48.89a

1) A

7 Parnassus Preparatory School 49.90a

1) A

8 Mayer Lutheran 50.95a

1) A

9 Christs Household Of Faith 58.00a

1) A

Girls Varsity 4x100 Relay

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Team Time H#

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1 Spectrum 51.54a

1) A

2 Eagle Ridge Academy 51.61a

1) A

3 Mayer Lutheran 55.49a

1) A

4 Parnassus Preparatory School 56.65a

1) A

5 Math & Science Academy 58.11a

1) A

6 West Lutheran 58.32a

1) A

7 NLA/LILA 1:01.73a

1) A

Boys Varsity 4x200 Relay

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Team Time H#

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1 Eagle Ridge Academy 1:34.04a

1) A

2 Parnassus Preparatory School 1:36.80a

1) A

3 Math & Science Academy 1:40.97a

1) A

4 West Lutheran 1:42.02a

1) A

5 Liberty Classical Academy 1:42.27a

1) A

6 Spectrum 1:44.18a

1) A

7 NLA/LILA 1:52.68a

1) A

8 Mayer Lutheran 1:54.92a

1) A

Girls Varsity 4x200 Relay

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Team Time H#

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1 Mayer Lutheran 1:51.18a

1) A

2 NLA/LILA 1:54.17a

1) A

3 Spectrum 1:54.20a

1) A

4 Eagle Ridge Academy 1:57.62a

1) A

5 Math & Science Academy 1:59.77a

1) A

6 Parnassus Preparatory School 2:02.59a

1) A

7 West Lutheran 2:03.59a

1) A

Boys Varsity 4x400 Relay

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Team Time H#

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1 Eagle Ridge Academy 3:30.40a

1) A

2 Spectrum 3:30.78a

1) A

3 Math & Science Academy 3:32.80a

1) A

4 Parnassus Preparatory School 3:42.68a

1) A

5 West Lutheran 3:45.59a

1) A

6 Liberty Classical Academy 3:47.72a

1) A

7 NLA/LILA 4:42.03a

1) A

Girls Varsity 4x400 Relay

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Team Time H#

=====

1 West Lutheran 4:25.42a

1) A

2 Spectrum 4:26.61a

1) A

3 Mayer Lutheran 4:34.69a

1) A

4 Eagle Ridge Academy 4:34.97a

1) A
5 Parnassus Preparatory School 4:47.26a
1) A
6 Math & Science Academy 4:54.47a
1) A
7 NLA/LILA 5:00.87a
1) A
8 Liberty Classical Academy 5:11.74a
1) A

Boys Varsity 4x800 Relay

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Team Time H#

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1 Liberty Classical Academy 8:35.63a
1) A
2 Parnassus Preparatory School 8:42.22a
1) A
3 Eagle Ridge Academy 9:16.29a
1) A
4 Christs Household Of Faith 9:28.16a
1) A
5 Math & Science Academy 9:29.51a
1) A
6 West Lutheran 9:37.20a
1) A
7 Spectrum 9:57.29a
1) A
8 NLA/LILA 11:11.38a
1) A

Girls Varsity 4x800 Relay

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Team Time H#

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1 Parnassus Preparatory School 11:07.22a
1) A
2 West Lutheran 11:13.87a
1) A
3 Math & Science Academy 11:42.96a
1) A
4 Eagle Ridge Academy 11:51.21a
1) A
5 Spectrum 11:56.42a
1) A
6 NLA/LILA 13:33.23a
1) A

Boys Varsity Shot Put

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Athlete Yr Team Mark H#

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- 1 Aaron Daniels 12 Spectrum 44-11
- 2 Jacob Gieseke 11 West Lutheran 41-11
- 3 Elohim Gouchola 11 Parnassus Preparatory School 41-0
- 4 Hans Burfeind 12 Spectrum 36-10
- 5 Paul Hahm 12 West Lutheran 35-2
- 6 Aaron Karger 11 Mayer Lutheran 34-9
- 7 Mason Hoernemann 10 Mayer Lutheran 34-0
- 8 Henry Daniels 11 Parnassus Preparatory School 33-4
- 9 Aiden Simonson 10 West Lutheran 33-3
- 10 Will Smith 12 Liberty Classical Academy 32-8
- 11 Dexter Jacox 12 Christs Household Of Faith 32-5
- 12 Wyatt Wilson 11 NLA/LILA 32-4.5
- 13 Mikko Johnson 11 Eagle Ridge Academy 31-8
- 14 Jonah Caswell 12 Spectrum 31-1
- 15 Isaac Whitby 9 Mayer Lutheran 30-10
- 16 Tyler Solid 12 Math & Science Academy 30-9
- 17 Phineas Jacox 11 Christs Household Of Faith 30-8
- 18 Markos Yiangou 11 Math & Science Academy 30-2
- 19 Skyler Bredenberg 10 Parnassus Preparatory School 30-2
- 20 Joseph Parke 12 NLA/LILA 28-9
- 21 Kevin Bruski 10 Eagle Ridge Academy 27-5
- 22 Elam Somers 8 Math & Science Academy 27-2
- 23 Ethan Richter 12 Liberty Classical Academy 26-11
- 24 Jack Gordon 12 Liberty Classical Academy 23-7
- 25 Theo Schoenrock 7 Christs Household Of Faith 20-6
- Cornell Foster 8 Eagle Ridge Academy DNS
- Lincoln Williams 10 NLA/LILA DNS

Girls Varsity Shot Put

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Athlete Yr Team Mark H#

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- 1 Francline Shearer 12 Eagle Ridge Academy 35-9
- 2 Kayla Langworthy 10 Mayer Lutheran 29-2
- 3 Annalyse Baumann 8 Mayer Lutheran 28-7
- 4 Andrea Lingbeek 11 Spectrum 27-2
- 5 Braylin Stahlke 11 Mayer Lutheran 27-1
- 6 Norah Sosnoski 11 NLA/LILA 26-3
- 7 Dominika Kozlovska 12 Eagle Ridge Academy 26-0
- 8 Esme Phillippi 10 NLA/LILA 24-0
- 9 Sam Spiedel 11 West Lutheran 23-11
- 10 Elise Gilbert 10 Math & Science Academy 23-5
- 11 Lydia Peterson 11 Spectrum 22-6
- 12 Sophia Steffen 11 West Lutheran 22-6
- 13 Eloise Dixon 8 Liberty Classical Academy 22-5
- 14 Elisha Erickson 12 West Lutheran 21-10

15 Addy Dixon 12 Liberty Classical Academy 21-7
16 Gianna Giglio 10 Math & Science Academy 20-2
17 Addison Paxson 10 Spectrum 19-9
18 Luna Garcia Chacon 12 Math & Science Academy 19-1
19 Serena Simonson 8 Christs Household Of Faith 18-4
20 Sedona Bluhm 12 Christs Household Of Faith 17-4
21 Alyssa Ivanoff 10 Parnassus Preparatory School 17-3
22 Mackenzie Zubawuo 8 Parnassus Preparatory School 17-1
23 Sofie Slings 12 Liberty Classical Academy 16-8
24 Ashley Vo 12 Parnassus Preparatory School 16-5
25 Kelsey Lathrop 12 NLA/LILA 16-2

Boys Varsity Discus

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Athlete Yr Team Mark H#

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1 Elijah Sorensen 12 Spectrum 127-6
2 Elohim Gouchola 11 Parnassus Preparatory School 126-0
3 Jacob Gieseke 11 West Lutheran 117-11
4 Aaron Daniels 12 Spectrum 117-5
5 Wyatt Sunde 11 Mayer Lutheran 111-9
6 Jonah Caswell 12 Spectrum 110-11
7 Wyatt Wilson 11 NLA/LILA 108-3
8 Aiden Simonson 10 West Lutheran 105-10
9 Will Smith 12 Liberty Classical Academy 100-11
10 Joseph Parke 12 NLA/LILA 100-7
11 Evan Morrison 12 NLA/LILA 100-3
12 Aaron Karger 11 Mayer Lutheran 98-7
13 Mason Hoernemann 10 Mayer Lutheran 96-1
14 Dexter Jacox 12 Christs Household Of Faith 93-11
15 Henry Daniels 11 Parnassus Preparatory School 92-7
16 Mikko Johnson 11 Eagle Ridge Academy 87-3
17 Kevin Bruski 10 Eagle Ridge Academy 87-1
18 Clarence Dixon 10 Liberty Classical Academy 85-10
19 Phineas Jacox 11 Christs Household Of Faith 83-11
20 Paul Hahm 12 West Lutheran 82-8
21 Tsega Sibhatu 12 Math & Science Academy 73-8
22 Zack Smith 10 Liberty Classical Academy 67-11
23 Akshath Deepak 11 Math & Science Academy 59-10
24 Theo Schoenrock 7 Christs Household Of Faith 40-2
-- John Lander 12 Parnassus Preparatory School ND
-- Tyler Solid 12 Math & Science Academy ND
-- Cornell Foster 8 Eagle Ridge Academy DNS

Girls Varsity Discus

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Athlete Yr Team Mark H#

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1 Braylin Stahlke 11 Mayer Lutheran 105-2

- 2 Annalyse Baumann 8 Mayer Lutheran 91-8
- 3 Lydia Peterson 11 Spectrum 86-11
- 4 Andrea Lingbeek 11 Spectrum 81-0
- 5 Olivia Clark 9 Mayer Lutheran 76-11
- 6 Natalie Wynia 11 NLA/LILA 76-5
- 7 Chloe Hahn 12 West Lutheran 76-1
- 8 Addison Paxson 10 Spectrum 74-3
- 9 Lily Dobrotka 12 Liberty Classical Academy 73-1
- 10 Esme Phillippi 10 NLA/LILA 71-2
- 11 Sam Spiedel 11 West Lutheran 69-5
- 12 Dominika Kozlovska 12 Eagle Ridge Academy 68-8
- 13 Elise Gilbert 10 Math & Science Academy 58-3
- 14 Gianna Giglio 10 Math & Science Academy 57-1
- 15 Abigail Watzl 9 NLA/LILA 56-4
- 16 Olga Leonova 10 Parnassus Preparatory School 54-3
- 17 Naomi Grimme 10 Parnassus Preparatory School 53-7
- 18 Sofie Slings 12 Liberty Classical Academy 51-7
- 19 Ashley Vo 12 Parnassus Preparatory School 51-2
- 20 Serena Simonson 8 Christs Household Of Faith 45-10
- 21 Bailey Peterson 10 West Lutheran 45-4
- 22 Sedona Bluhm 12 Christs Household Of Faith 39-11
- 23 Jenna Macha 9 Math & Science Academy 36-2

Boys Varsity High Jump

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Athlete Yr Team Mark H#

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- 1 William Gilbert 11 Liberty Classical Academy 6-4
- 2 Logan Moche 12 Math & Science Academy 5-10
- 3 Elijah Miller 12 Spectrum 5-8
- 4 Greg Hovey 12 Eagle Ridge Academy 5-8
- 5 Xavier Brown 11 Eagle Ridge Academy 5-6
- 6 Evan Bare 12 West Lutheran 5-6
- 7 Brandon Knebel 12 West Lutheran 5-4
- 7 Jarren Mitchell 10 Spectrum 5-4
- 9 Jackson Dowd 10 NLA/LILA 5-4
- 10 Cale Fiereck 12 Spectrum 5-2
- 11 Phineas Jacox 11 Christs Household Of Faith 5-2
- 11 Emmitt Wuebben 11 Eagle Ridge Academy 5-2
- 13 Parker Anderson 11 Parnassus Preparatory School 5-0
- 14 Weston Fiscus 9 Christs Household Of Faith 5-0
- 14 Jonathan Harris 9 Liberty Classical Academy 5-0
- 16 Ben Radintz 12 West Lutheran 5-0
- 17 Dylan Sunde 9 Mayer Lutheran 4-10
- 18 Isaac Hoffman 9 Math & Science Academy 4-8
- 19 Benji Blake 9 Math & Science Academy 4-6
- 20 Noah Sutkowski 9 Liberty Classical Academy 4-6
- Marvin James Root 9 Mayer Lutheran NH

Girls Varsity High Jump

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Athlete Yr Team Mark H#

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- 1 Mckaylen Lewis 11 Math & Science Academy 5-0
- 2 Iris Husberg 12 Mayer Lutheran 4-10
- 3 Jazmin Garske 12 NLA/LILA 4-6
- 4 Frantzise Shearer 12 Eagle Ridge Academy 4-6
- 5 Madeline Holthaus 12 Math & Science Academy 4-6
- 6 Brynn Nelson 8 Spectrum 4-4
- 7 Lauren Erdman 8 Mayer Lutheran 4-4
- 8 Alyvia Kochendorfer 8 Parnassus Preparatory School 4-2
- 9 Norah Sosnoski 11 NLA/LILA 3-10
- 10 Priscilla Misiak 9 Eagle Ridge Academy 3-10
- 11 Naomi Bruski 7 Eagle Ridge Academy 3-10
- 12 Safiya Khimji 10 Parnassus Preparatory School 3-8
- 12 Adelyn Howe 8 Parnassus Preparatory School 3-8
- 12 Evy Quist 9 West Lutheran 3-8
- Elena Magnuson 10 West Lutheran DNS
- Rachel Hanson 10 Spectrum NH
- Addi Glenn 12 West Lutheran NH
- Lea Aris 11 Math & Science Academy DNS

Boys Varsity Pole Vault

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Athlete Yr Team Mark H#

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- 1 Spencer Lampe 11 Eagle Ridge Academy 12-6
- 2 Ben Burns 10 Spectrum 11-6
- 3 Cooper Eveslage 12 Mayer Lutheran 11-0
- 4 Joseph Ganzer 10 Eagle Ridge Academy 10-6
- 5 Birkir Gudmundson 12 Eagle Ridge Academy 10-6
- 6 Chase Aurich 9 Mayer Lutheran 9-0
- 7 Jacob Scholtz 9 Spectrum 8-0
- 8 Cale Fiereck 12 Spectrum 7-6
- 9 Jayce Jopp 8 Mayer Lutheran 7-0
- Bryce Harms 11 Christs Household Of Faith NH
- Wyatt Reiners 8 Christs Household Of Faith DNS

Girls Varsity Pole Vault

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Athlete Yr Team Mark H#

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- 1 Anika Vollmer 11 Mayer Lutheran 9-6
- 2 Daniella Orton 10 Spectrum 7-6
- 2 Rachel Hanson 10 Spectrum 7-6
- 4 Karolyn Knettel 11 Eagle Ridge Academy 7-0
- 4 Kylie Jopp 10 Mayer Lutheran 7-0
- 6 Phoebe Nelson 7 Spectrum 6-6

Boys Varsity Long Jump

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Athlete Yr Team Mark H#

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- 1 Richard Saah 10 Parnassus Preparatory School 21-7.5
- 2 Brennen Bawek 12 Eagle Ridge Academy 21-7.5
- 3 William Gilbert 11 Liberty Classical Academy 21-0
- 4 Gabriel Shimanski 10 Mayer Lutheran 20-9
- 5 Elijah Miller 12 Spectrum 20-0
- 6 Sawyer Okerstrom 12 Christs Household Of Faith 19-6
- 7 Liam Liston 11 Eagle Ridge Academy 17-10
- 8 Arun Supramaniam 11 Eagle Ridge Academy 17-7
- 9 Evan Bare 12 West Lutheran 17-4.5
- 10 Wyatt Sunde 11 Mayer Lutheran 16-11
- 11 Ben Radintz 12 West Lutheran 16-10.5
- 12 Michael Yassa 9 Math & Science Academy 16-8.5
- 13 Markos Yiangou 11 Math & Science Academy 16-8
- 14 Elijah Sorensen 12 Spectrum 16-4.5
- 15 Ben Carpenter 9 Parnassus Preparatory School 16-2.5
- 16 Brandon Knebel 12 West Lutheran 15-9.5
- 17 Weston Fiscus 9 Christs Household Of Faith 15-7.5
- 18 Cullen Goshaw 10 Parnassus Preparatory School 15-2
- 19 Henry Gauger 8 Liberty Classical Academy 15-1.5
- 20 Carter Carlson 9 Christs Household Of Faith 15-0.5
- 21 Tristan Noggle 11 NLA/LILA 14-10
- 22 Mintai Fu 10 Math & Science Academy 14-6
- 23 Landen Schrupp 8 Mayer Lutheran 14-2
- 24 Nolan Doll 7 NLA/LILA 13-0.5
- Gabriel Phelps-Johnson 10 NLA/LILA DNS
- Ethan Richter 12 Liberty Classical Academy DNS
- Feyisola Oyedokun 11 Spectrum DNS

Girls Varsity Long Jump

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Athlete Yr Team Mark H#

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- 1 Mckaylen Lewis 11 Math & Science Academy 18-10.5
- 2 Lela Burdick 12 Spectrum 16-3.5
- 3 Akira Davila 9 Parnassus Preparatory School 16-1.5
- 4 Hawa Kabba 9 Parnassus Preparatory School 16-0
- 5 Preslie Hunter 9 Mayer Lutheran 15-3.5
- 6 Niyah Kreuter 11 West Lutheran 15-3
- 7 Amanda Kehoe 11 NLA/LILA 15-3
- 8 Ellie Vlaininck 10 Mayer Lutheran 15-0.5
- 9 Kiera Taylor 11 Mayer Lutheran 14-11.5
- 10 Lydia Frette 10 Spectrum 14-6
- 11 Nora Arps 11 West Lutheran 14-5.5
- 12 Janet Kortee 8 Parnassus Preparatory School 14-5.5

13 Corinne Douglas 9 Eagle Ridge Academy 14-2
14 Priscilla Misiak 9 Eagle Ridge Academy 14-1
15 Hayden Gustason 10 Christs Household Of Faith 14-0
16 Catherine Molitor 8 NLA/LILA 13-9.5
17 Lily Beck 9 Spectrum 13-7
18 Clare Hawkins 9 Eagle Ridge Academy 13-1.5
19 Adelaide Johnston 7 Christs Household Of Faith 13-0
20 Nora Ngaling 11 Math & Science Academy 13-0
21 Eloise Dixon 8 Liberty Classical Academy 12-11
22 Emmy Bohnsack 7 NLA/LILA 12-6
23 Kate Speidel 9 West Lutheran 12-5
-- Celina Ries 10 Math & Science Academy DNS

Boys Varsity Triple Jump

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Athlete Yr Team Mark H#

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1 William Gilbert 11 Liberty Classical Academy 43-11.75
2 Greg Hovey 12 Eagle Ridge Academy 43-11
3 Elijah Miller 12 Spectrum 42-2.5
4 Geoffrey Morrison 10 Eagle Ridge Academy 40-1
5 Josh Carpenter 11 Parnassus Preparatory School 38-9.75
6 Emmitt Wuebben 11 Eagle Ridge Academy 38-9
7 Logan Moche 12 Math & Science Academy 37-11.5
8 Gabriel Phelps-Johnson 10 NLA/LILA 36-6.25
9 Jackson Dowd 10 NLA/LILA 35-11
10 Elijah Sorensen 12 Spectrum 34-4
11 Cullen Goshaw 10 Parnassus Preparatory School 34-4
12 Henry Jauhiainen 11 West Lutheran 34-3
13 Jacob Gieseke 11 West Lutheran 33-5
14 Carter Carlson 9 Christs Household Of Faith 33-4.5
15 Chase Aurich 9 Mayer Lutheran 31-4.75
16 Jackson Gregovich 12 West Lutheran 31-0
17 Hudson Isakson 11 Christs Household Of Faith 30-10.5
18 Jonas May 12 Mayer Lutheran 30-8
19 Jack Beaudin 10 NLA/LILA 27-0
-- Levi Sutkowski 11 Liberty Classical Academy ND
-- Daniel Hart 9 Parnassus Preparatory School NM
-- Wyatt Reiners 8 Christs Household Of Faith NM
-- Feyisola Oyedokun 11 Spectrum NM
-- Nathan Irlapati 10 Math & Science Academy NM

Girls Varsity Triple Jump

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Athlete Yr Team Mark H#

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1 Norah Sosnoski 11 NLA/LILA 35-10.5
2 Lydia Frette 10 Spectrum 34-5.5
3 Mackenzie Effertz 9 West Lutheran 32-5

4 Hawa Kabba 9 Parnassus Preparatory School 31-11
5 Urszula Misiak 9 Eagle Ridge Academy 31-6
6 Kiera Taylor 11 Mayer Lutheran 31-2.25
7 Milana Neyfeld 10 Math & Science Academy 30-8
8 Natalie Wynia 11 NLA/LILA 30-8
9 Calina James 9 Eagle Ridge Academy 30-5
10 Anika Vollmer 11 Mayer Lutheran 29-5
11 Kylie Jopp 10 Mayer Lutheran 29-3
12 Daniella Orton 10 Spectrum 28-11.75
13 Liila Supramaniam 10 Eagle Ridge Academy 28-11
14 Adalyn Jensen 10 NLA/LILA 28-4.5
15 Safiya Khimji 10 Parnassus Preparatory School 28-2.75
16 Ava Warneke 7 Christs Household Of Faith 28-1.25
17 Nara Botchway 11 Math & Science Academy 28-0.5
18 Lily Beck 9 Spectrum 28-0
19 Zoe Alter Capell 10 Math & Science Academy 27-7.5
20 Cecilia Reiners 10 Christs Household Of Faith 27-6
21 Tatiana Leonova 10 Parnassus Preparatory School 27-5.5
-- Elena Magnuson 10 West Lutheran DNS